

# KANEKA UBIQUINOL™ UNLOCK THE POWER INSIDE



## What is Ubiquinol?

Ubiquinol is the active and the major form of coenzyme Q10 (CoQ10) that naturally occurs in the body.

Ubiquinol is a critical component of energy production for every cell of your body. Therefore, Ubiquinol is concentrated in organs that require the most energy, such as the heart.

Oxidative stress increases with age. As we age, our body converts less CoQ10 to Ubiquinol, thereby reducing essential antioxidant protection.

# **Ubiquinol dosing**

	Blood level	Suggested dose
Heart failure	> 4 µmol/L	300 mg or >
Statin therapy <50 years	> 3 µmol/L	150 mg or >
Normal range	0.7–1.2 µmol/L	100 mg
Fertility	> 2 µmol/L	150-300 mg
Healthy range	1–2 µmol/L	Optional

# **COGNITIVE HEALTH**

Oxidative stress Mitochondrial dysfunction Cellular energy



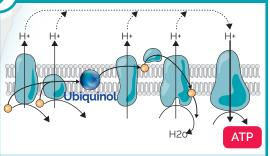
#### Improves cognitive performance

Mitochondria

Decrea<u>ses</u> migraine

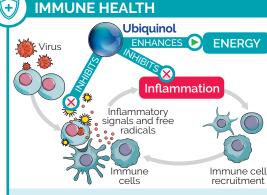
- · Improves memory, attention and information processing
- Relieves mild migraine symptoms and decreases duration of mild migraine

### **HEART HEALTH**



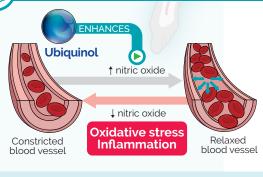
- Produces large amounts of ATP (energy)
- · Supports heart contraction, relaxation and molecular synthesis

## **IMMUNE HEALTH**

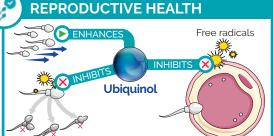


- Anti-inflammatory
- Supports energy production for immune cells and post-infection recovery

## **VASCULAR HEALTH**



- Essential for nitric oxide production
- · Improves endothelial function
- · Improved blood vessel health and increased circulation



- · Improves sperm motility, morphology and sperm count
- · Improves egg quality and quantity
- · Improve hormone levels among infertile females



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## The Kaneka Ubiquinol™ advantage





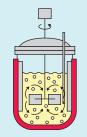
JAPAN 1949 Pharmaceutical product manufacturer

# RESEARCH AND DEVELOPMENT



Stabilised
Kaneka Ubiquinol™
without oxidation

### **MANUFACTURING**



Unique, patented natural yeast fermentation process

# SAFETY & QUALITY



More sustainable and kinder to the environment

#### Kaneka Ubiquinol™



Kaneka Ubiquinol™ is stable and clinically researched

## The exclusive global manufacture of Ubiquinol



Kaneka Corporation, established in 1949 and headquartered in Japan, in a country famed for its contrasting blend of ancient traditions and modern technology, provides diversified products including pharmaceutical intermediates and food supplements.

Since 2007, Kaneka has commercially manufactured the only 100% natural yeast-fermented Ubiquinol that is bio-identical to that produced naturally in the body.

Kaneka adapts the Japanese philosophy of "Kaizen" (かいぜん), using constant incremental changes for the better, demonstrating a commitment to quality, efficiency and the pursuit of perfection in their work.



When purchasing Ubiquinol products, remember to look for the Kaneka logo - a symbol of high quality and authenticity, ensuring you're choosing a product you can trust.

# **Awards & Certificates**































# **Actions of Ubiquinol**





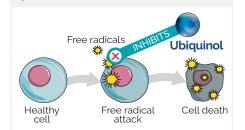
The standard recommended dosage to help build your body's Ubiquinol levels is 100–150 mg a day.

100 mg of Kaneka Ubiquinol™ equates to:

133 tbsp olive oil 60 avocados 50 cups spinach

5.7 kg chicken 3.4 kg red meat 120 cans sardines

# ANTIOXIDANT



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